



MICHELLE BRODY



Global Practitioner, USA



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Michelle Brody, Ph.D. specializes in developing leaders, optimizing team dynamics, resolving conflict and improving communication effectiveness for business professionals. She is both an executive coach and a clinical psychologist with over 20 years' experience. Michelle has designed and delivered executive training programs and coaching engagements for leaders and teams across a wide range of industries, including technology, manufacturing, management consulting, marketing, academia, insurance, non-profit, health care, accounting, and law.

Michelle's approach to coaching leadership incorporates her expertise in systems analysis of teams and organizations and in locating fulcrums for real change in individuals. She completed advanced post-doctoral training in group facilitation and systems theory and worked as a trainer of psychologists for 10 years. Michelle's background also includes extensive experience in teaching, coaching and scientific research at several major U.S. universities including M.I.T, Pace University and Yale University and she has served for over 13 years as a university-based Director of Training. As a coach, Michelle's style is collaborative, direct, feedback-driven and solution-focused.

In addition to her work with Exetor, Michelle is an independent executive coach and a consultant to businesses in the New York metropolitan area. She is also the author of two books on changing interpersonal dynamics, *Own Your Armor: Revolutionary Change for Workplace Culture* (2022) and *Stop The Fight! An Illustrated Guide for Couples* (2015).

Degree and Certifications

- B.A. in Biology, Barnard College (Summa Cum Laude)
- Ph.D. in Clinical Psychology, St. John's University
- Action Science and Productive Conversation Training, Action Design Institute, Action Design, Inc.
- MBTI, Positive Intelligence Certified

Michelle is guided by the fundamental values of transparency, connection, and accountability to drive learning and consequent business results.